ETWALL PRIMARY SCHOOL

CHILD-FRIENDLY ANTI-BULLYING POLICY

BE KIND | **BE BRAVE** | **SPEAK UP** | **BE SUPPORTED**

Everyone has the right to feel safe, happy and included. Bullying is NEVER OK.

1. WHAT IS BULLYING?

Bullying is when someone hurts, frightens or upsets another person on purpose, repeatedly.

Remember STOP:

S • **Several**
T • **Times**
O • **On**
P • **Purpose**

A one-off falling-out is not always bullying, but unkindness still matters.

2. WHAT CAN BULLYING LOOK LIKE?

PHYSICAL - Hitting, kicking, pushing or damaging belongings.

VERBAL - Name-calling, teasing or threats.

SOCIAL - Leaving someone out on purpose or spreading rumours.

ONLINE - Unkind messages or sharing hurtful photos/videos.

3. IF IT HAPPENS TO YOU…

- If you feel safe, tell the person to stop.
- Move away and find a safe place.
- Tell an adult you trust as soon as you can.
- Keep telling adults until you get help and it stops.
- Keep messages or screenshots and show an adult.

Telling is NOT telling tales. You are asking for help.

4. IF YOU SEE BULLYING…

- Tell an adult you trust. Never get involved if it would put you in danger.
- Be kind and help the person feel included.
- Do not join in or encourage the bullying.
- Do not like, forward or share unkind things online.
- Tell an adult honestly what you saw or heard.

Be an UPSTANDER: get help and show kindness.

5. WHAT WILL ADULTS AT SCHOOL DO?

- Listen carefully and get both sides of the story.
- Help you feel safe and find out what happened.
- Write down what happened and decide what to do next.
- Tell your parents and alert the parents of the bully.
- Check that the bullying has stopped and give more help if needed.

6. EVERYONE BELONGS AT ETWALL

Bullying someone because of who they are, their family or what makes them different is called prejudice-based bullying. It is never OK.

We celebrate different skin colours, cultures, languages, beliefs, abilities, needs, families and identities.

Use kind words and include everyone even if they are different from you.

WHO CAN YOU TELL?

Your teacher • teaching assistant • midday supervisor • Mrs Bentley • Mrs Bradley

Your parent/carer • another trusted adult • your classroom worry box • a friend

We will listen. We will help. We will work together to make it stop.