

FAMILY SPORTS DISCOVERY DAY

**FREE Fun Sports Sessions for
all the family to enjoy!**

**Etwall Leisure Centre
Sunday 29th September**

Come & have a go at:

- * Badminton
- * Netball
- * Football
- * Dance
- * Little Ruggers
- * Short Tennis and more

Including activities @ Etwall's Childrens Centre

- * Baby Massage
- * Story Sessions
- * Twinkle Time Sensory Room and more



SureStart

DERBYSHIRE
County Council
Improving life for local people




**BOOK YOUR PLACES
NOW!**

**Contact Lucy Clark for more information or to book your place
on 01283 733348 or email lucy.clark@activenation.org.uk**


Free Fun coaching sessions for the whole Family to Enjoy!

Sports Hall Activities

Family Netball
11.30am – 12.30pm
Ages: 7+ 

Family Badminton
10am – 11.15am
Ages: Parental Guidance* 

Dance
12.45pm – 1.25pm
Ages: 3 – 7 years
1.30pm – 2.10pm
Ages: 7 – 11 years

Family Short Tennis
11.30am – 12.30pm
Ages: Parental Guidance* 

3G Pitch Activities

Little Ruggers
9.15am – 10am
Ages: 18months – 5years 

Family Football
10.30am – 11.30am
Ages: 6 – 11 years
AND under 6's 

Etwell Children's Centre will be providing activities such as sand, water and dough play, painting, story sessions, baby massage, baby corner and a twinkle time sensory room.
Ages: 0+

Please visit the Children's Centre for more information on the day.

* Parental Guidance – it is at their parents discretion as to whether there child is old enough to participate in these activities.



The smiley face symbol shows on activities that require a parent /guardian to participate with their child.

Book your place now at reception or by calling 01283 733348